



## **Sex and Relationships Policy**

**Approved by FGB on 29<sup>th</sup> September 2021  
Min 14.6/09.21**

**To be reviewed September 2022**



Derbyshire Healthy Schools  
Community Award

**Headteacher: Mrs Zoë Andrews**

## **TIBSHELF INFANT AND NURSERY SCHOOL** **SEX AND RELATIONSHIPS EDUCATION POLICY**

Sex and Relationships education is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care.

The DfES 'Sex and Relationship Guidance' (2000) recommends that 'schools should have a sex and relationship education programme tailored to the age and the physical and emotional maturity of the children'.

We recognise that this subject requires careful and sensitive handling and that the role of the school is complementary to that of the parents. The school policy is to deal factually and honestly with the children's questions as they arise and we address the natural world and its life cycles as part of the curriculum.

The children are encouraged to develop mutual respect for one another, to give and receive affection and to live successfully with other people in society.

Explicit human sex education does not form part of the EYFS or KS1 curriculum. Relationships education is taught throughout school across all areas of the curriculum. It is planned for in our PSHE and Citizenship curriculum and is covered in assembly on a regular basis.

### **Attitudes and values**

We aim to teach children

- The importance of values.
- The value of stable and loving relationships.
- The value of respect, love and care.
- To explore, consider and understand age appropriate moral dilemmas.
- To respect and value difference and diversity.

### **Personal and social skills**

We aim to support children, at an age appropriate level, to:

- Manage emotions and relationships confidently and sensitively.
- Manage change.
- Develop self-respect and empathy for others.
- Learn to make choices based on an understanding of difference and with an absence of prejudice.
- Learn to make informed choices.
- Develop an appreciation of the consequences of choices made.
- Manage conflict.

### **Knowledge and understanding**

We aim to teach children

- To recognise and use the correct names for external body parts including basic male and female body parts

- To learn how to share worries and concerns

#### Key Stage 1 National Curriculum for Science:

- the differences between living and non living things
- that humans move, feed and grow and use their senses and reproduce
- naming the external parts of the human body
- that humans need food and water to stay alive
- to understand that human babies have special needs
- the need for exercise
- that humans use their senses to be aware of their surroundings
- that humans grow from babies into children and then adults, and that adults can produce babies
- to understand the growth and conditions for growth of plants
- to recognise the similarities and differences between pupils
- that living things can be classified according to these similarities and differences
- acquire skills needed for caring for animals for a limited time, under supervision

Children also need to be aware of, and how to cope with, good and bad touches. Assemblies and class discussions during PSHE, circle times and other appropriate conversations address this.

#### Equal Opportunities

All children will be given the opportunity and supported to take part in all the above activities.

#### Organisation

Training will be offered to staff when appropriate.

If children ask specific questions, teachers should respond sensitively and answer at an appropriate level for the child.

Resources, visits and visitors may be used to enhance the work, for example a parent coming into school to bath and feed a baby.

#### Specific Issues

Teachers should work in consultation with parents unless they are concerned that a child shows knowledge that might arouse suspicion of sexual abuse. In this case, any adults working in school should refer to the Headteacher and follow the school and D.C.C. Policies for dealing with such cases.

A statement concerning the School Policy for Sex Education will appear in the School Prospectus and the Policy will be available to parents online and on request.

**‘Tibshelf Infant & Nursery School is committed to all aspects of safeguarding and promoting the welfare of children and young people, and expects all staff and volunteers to share this commitment.’**

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