



TIBSHELF SCHOOLS FEDERATION

Tibshelf Infant & Nursery School

Tel: 01773 872571

E: info@tibshelf-inf.derbyshire.sch.uk

Town End Junior School

Tel: 01773 872306

E: info@townend.derbyshire.sch.uk

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Dear Parent / Carer,

During the Summer Term in PSHE, each class has been focusing on Relationships and Sex Education and the topics "Relationships" and "Changing Me". The school follows the Jigsaw programme of study and parents/carers do have the right to view any resources. Parents/carers have the legal right to withdraw their children from elements of RSE included in the PSHE curriculum (as that is a non-statutory subject).

Here is an overview of learning for each year group.

	Relationships	Changing Me
Reception	- different jobs - making friends - solving problems - managing my feelings - being a good friend	- naming body parts - being healthy - healthy foods - growing from babies to adults - talking about moving to Y1 - remembering the fun I had in Reception
Y1	- talking about how I belong to a family - what being a good friend means to me - making new friends - greeting friends in a nice way - who can help at school - praising myself - praising others - talking about how others make me feel	- lifecycle of animals and humans - changes as I grow - how I've changed/stayed the same - how my body changes - knowing we all grow at a different speed - knowing boys/girls have different body parts - using correct names for genitalia - knowing these body parts are private - how to understand changes are positive
Y2	- members of my family - knowing everyone is different - knowing what physical contact is ok - what contact I like/don't like - finding ways to solve conflict - knowing its sometimes good/not good to keep secrets - knowing who can help at home and school - knowing who is special to me	- lifecycle's in nature - growing and changing from young to old - how my body has changed from a baby - proud to be more independent - using correct names for genitalia - some body parts are private - different types of touches - likes/dislikes - what I like about being a boy/girl - being confident to ask for help - looking forward to changes/next classes

As a parent/Carer, you may want to have more information about this via [this link](#) and if you do wish to, please contact the school office/ your child's class teacher so arrangements can be made for you to view the resources.

If you have any further questions about this aspect of the curriculum or wish to see any of the teaching resources, please contact your child's teacher, myself, or Mrs Boswell (Executive Headteacher).

Yours sincerely,
Mrs Donna Banyard
(Head of School)