

	FS2	Year 1	Year 2
Dance	Direction Space	Travel Feelings Body parts Levels Directions Pathways	Rhythm Speed Stillness Beginning Middle End
Gymnastics	Forwards Backwards Sideways Bench Mat Table Roll Long Slow On Off Stretched Curled Tuck Body parts Tall Small Shape Hold Still Jump Hop land Bounce Travel Copy	still slowly tall wide narrow up down high low elbows bottom back around through extension roll copy pathway along land balance tension curved straight zig-zag over hang grip place stretch push pull hop skip step spring crawl	In front Speed fast Over Off High Low Stretch Point Balance Twisted Curled Level Medium Angular Under Behind Tension Smooth Sequence Height

Games	Rolling Aiming Speed Passing Scoring Shooting	Striking Overarm throw Bouncing Catching Opposite Team Follow Direction	Avoiding Tracking a ball Rebound Free space Own space Controlling
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